



November 21st, 2009

Dear Coaches,

It is with great pleasure that we invite you to attend the 2010 YMCA National Gymnastics Championships hosted by the Cameron Family YMCA of the San Diego California Association. The Championships will be held June 21<sup>st</sup> -25<sup>th</sup> at the Town and Country Resort and Convention Center located in the heart of San Diego - Mission Valley.

The Town and Country, an all-in-one venue with over 900 hotel rooms and a 40,000 sq. ft. ballroom, is where all competitions will take place. This venue is home to several gymnastics competitions throughout the year and is a perfect site for our event.

Fashion Valley Mall – the largest mall in San Diego, is located within a two minute walk from the property along with the San Diego transit trolley – adjacent to the hotel. The property contains 5 restaurants, 4 pools and the Bella Tosca Spa and fitness center. The beautiful Riverwalk golf course is across the street from the T&C!

We're excited to announce that Opening Ceremonies will be held at Sea World with our special guest speaker – Lindy Fordem-Donahue, trainer to Shamu, Killer Whale. Lindy competed as a YMCA gymnast and attended YMCA Nationals opening ceremonies at Sea World in the mid 90's! You don't want to miss this very special and truly unique ceremony. Every entry includes two visits to Sea World as well as a meal voucher!

Enclosed is the "INTENT TO COMPETE" form for both Men's and Women's events. If your team is interested in participating in Nationals this year, please complete the form and return it to us with a \$20 registration fee. Return of this form and fees will include your team in all future correspondence. **INTENT TO COMPETE FORMS MUST BE RECEIVED IN OUR OFFICE BY January 4th, 2010. After that date the fee will be \$25.**

Please visit our web site for additional information at [www.ymcanationals2010.org](http://www.ymcanationals2010.org).

We encourage all questions to be sent by e-mail to [info@ymcanationals2010.org](mailto:info@ymcanationals2010.org). Phone calls regarding Nationals will only be accepted by Coaches. We ask that you please phone (619) 449-9622 ext. 1386 only if you do not receive an answer from the web site.

Registration packets will be sent out by e-mail and will be available on our web site after January 31, 2010.

We look forward to seeing you next June!



## ***2010 YMCA National Gymnastics Championships and Invitational hosted by the Cameron Family YMCA***

### **Dates:**

**Special Graduating Seniors Reception:** Monday June 21, 2010 (early evening) for senior and a guest. Tickets available for additional guests for added charge

**Opening Ceremonies:** Tuesday June 22, 2010

**Competition:** Wednesday June 23 through Friday June 25, 2010

**Location:** Town and Country Resort and Convention Center ([www.towncountry.com](http://www.towncountry.com))

### **Entry Fees:**

#### **❖ Gymnast Fees:**

- \$100 per gymnast entered in the Men's or Women's Level 2, 3, 4, 5, 6, or 7 Divisions.
- \$100 per gymnast entered in the Women's Prep-Optional Division.
- \$110 per gymnast entered in the Women's Level 8 Division.
- \$120 per gymnast entered in the Men's and Women's Championship Divisions. (Including Men's Event Specialists.)

- All gymnasts' entry fees include T-shirt, Goodie Bag, admission to all sessions and Opening Ceremonies (2 visits to Sea World and food voucher).
- **NO REFUNDS once entries are received and accepted by the host association.**

#### **❖ Coaches' Fees**

- \$75 per coach; includes shirt, admission credentials, Opening Ceremonies (two visits to Sea World and food voucher) and meals while at competition. **NO REFUNDS.**

- ❖ **No Team Fees for 2010.** All teams with required number of gymnasts at Level 8 and Championship Levels are automatically eligible for team awards. There is no team competition at other levels – Invitational level only.

*All Access Passes will be available to all spectators, family members and guests for under \$100 (includes two visits to Sea World, Opening Ceremonies, meal voucher and entry to all competitions – a \$200 value)!*

**Deadlines:** Return Intent to Compete by *January 4th, 2010*

**Questions should be directed to:** [info@ymcanationals2010.org](mailto:info@ymcanationals2010.org)

## Qualifying Information:

Women's Qualifying scores **required** to compete:

- Championship Division is 32.00 All-Around at Level 9, 10, Elite or 33.00 All-Around at Level 8.
- Level 8 Division is 31.00 All-Around at Level 8 or 33.0 at Level 7. No level 9 scores will be accepted for qualification into this level. This division is not for experienced Level 9 gymnasts.
- Level 7 Division is 31.00 All-Around at Level 7 or 33.00 at Level 6. This division is not for experienced Level 8 gymnasts.
- Prep-Optional Division is 31.00 All-Around at Prep-Optional or 33.0 at Level 6. This division is not for experienced Level 7 gymnasts.
- Level 6 Division is 30.00 All-Around at Level 6 or 33.00 at Level 5.
- Level 5 Division is 32.00 All-Around at Level 5 or 35.00 at Level 4.
- Level 4 Division is 32.00 All-Around at Level 4 or 35.00 at Level 3.
- Level 3 Division is 33.00 All-Around at Level 3 or 35.00 at Level 2.
- Level 2 Division is 33.00 All-Around at Level 2.

Men's Qualifying scores **required** to compete:

- Championship Division consisting of optional gymnasts must compete in one meet at Level 8, 9, 10, Elite
- Level 7 Division is 72.00 All-Around or 74.00 at Level 6.
- Level 6 Division is 72.00 All-Around or 74.00 at Level 5.
- Level 5 Division is 72.00 All-Around or 74.00 at Level 4.
- Level 4 Division is 72.00 All-Around or 74.00 at Level 3.

Score must be achieved in a meet setting, judged by USAG Certified gymnastics judges per USAG rules.

Qualifying scores may be achieved in any meet beginning 8/1/2009.

**Last year's National scores do not count as qualifying scores.**

Meet results must be *dated and submitted* per individual gymnast as requirements for eligibility. **No signatures are required.** (Any submitted score that has not been verified with official meet results by May 3, 2010 will result in that gymnast being dropped from the competition.)

Individual gymnasts' meet results must be highlighted on the meet result form along with dates and level of competition.

JUNE 22-25<sup>TH</sup>, 2010



**INTENT TO COMPETE FORM**

Name of YMCA: \_\_\_\_\_  
Gym Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Women's Contact Person: \_\_\_\_\_  
Gym Phone: \_\_\_\_\_ Contact Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Club Name: \_\_\_\_\_

Men's Contact Person: \_\_\_\_\_  
Gym Phone: \_\_\_\_\_ Contact Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Club Name: \_\_\_\_\_

**Please check the following:**

Our entry will include the following levels and approximate number of gymnasts:

Girls:

\*Level 2: \_\_\_ No. of gymnasts  
\*Level 3: \_\_\_ No. of gymnasts  
Level 4: \_\_\_ No. of gymnasts  
Level 5: \_\_\_ No. of gymnasts  
Level 6: \_\_\_ No. of gymnasts  
Level 7: \_\_\_ No. of gymnasts  
Level 8: \_\_\_ No. of gymnasts  
Prep-Optional: \_\_\_ No. of gymnasts  
Championship: \_\_\_ No. of gymnasts  
No. of Coaches: \_\_\_

Boys:

Level 4: \_\_\_ No. of gymnasts  
Level 5: \_\_\_ No. of gymnasts  
Level 6: \_\_\_ No. of gymnasts  
Level 7: \_\_\_ No. of gymnasts  
Level 8: \_\_\_ No. of gymnasts  
Championship: \_\_\_ No. of gymnasts  
No. of Coaches: \_\_\_

No. Graduating Seniors attending \_\_\_  
No. Graduating Seniors attending reception June 21<sup>st</sup> \_\_\_

Questions should be directed to: [info@ymcanationals2010.org](mailto:info@ymcanationals2010.org)

**Mail** form and processing fee payable to:

Cameron Family YMCA  
Attn: Shauna Wheeler  
National Gymnastic Championships  
10123 Riverwalk Drive  
Santee, CA 92071

Enclosed is our processing fee. If Intent to Compete Form is received on or before January 4th, 2010 processing is \$20, after January 4th, processing fee is \$25. After the processing fee is received, additional registration instructions and forms will be provided.

\*If number of entries permit, Level 2&3 competitors will be included—decision will be made by January 29th, 2010.